# **Advice to Parents**

God Made Me.

# The aim of the childrens workbook:

Working from the foundations laid in booklet 1, this workbook takes the next logical step of encouraging your child to explore their role not just as part of a global HUMAN FAMILY, but more specifically as a unique member of a unique family which carries its own family name and character(what they understand as THEIR OWN family).

With this exploration he/she will be made aware of several facts:-

- a. **Human beings**, like other families are made male or female.
- b. No two human families are the same, therefore EVERY
   FAMILY IS SPECIAL...and within this family EVERY MEMBER
   IS SPECIAL (even the dog, the cat, the budgie)
- c. All humans have a basic body framework.
- d. Not all parts within that body framework are guaranteed to work.

The booklet invites the child to consider his/her own situation from the safety and security of the home, which is shared with other family members who LOVE each other.

The workbook goes on to consider other members of the family (not necessarily living under the same roof) who can be categorised as either MALE or FEMALE.

From this point the booklet focuses on the human body itself and raises the childs awareness of:-

- 1. What sex he/she is.
- 2. The body as a complex machine which can and often does go wrong (nb. disability)
- 3. Body growth (Accepting ones self/ glad to be me!)
- 4. Body care.
- 5. Decision making and taking responsibility.
- 6. Citizenship and our behaviour in the wider community.

Pleas feel free to join in and share the workload with you child.

# Work pattern summary

InnerCover	Home.
Page 1 Page 2 Page 3	Discuss in school. Discuss and complete at home Home. Home.
Page 4 Page 5 Page 6	Discuss in school. Discuss and complete at home. Home. Discuss in school. Discuss and complete at home
Page 7 Page 8 Page 9	Home Discuss in school. Discuss and complete at home Discuss in school. Discuss and complete at home
Page 10 Page 11 Page 12	Discuss in school. Discuss and complete at home Discuss in school. Discuss and complete at home Discuss in school. Discuss and complete at home
Page 13 Page 14 Page 15	Discuss in school. Discuss and complete at home Home. Teacher follow-up Home. Teacher follow-up
Page 16 Page 17 Page 18	Discuss in school. Discuss and complete at home Discuss in school. Discuss and complete at home Home. Teacher follow-up
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#### Page 12

A chance to build the child's self-confidence;

"We like you just the way you are, and that's what makes you special."

#### Pages 13

Discuss what it means to respect another person's body ie. YOUDO NOT HURT IT IN ANY WAY(or touch it inappropriately). OPPORTUNITY to discuss appropriate and inappropriate behaviour, and the importance of telling someone if a person is being inappropriate with them.

#### Page 14

Opportunity to discuss

- ~ importance of fruit & vegatables!
- ~ regular routines of washing /toileting
- ~ "square eyes" / couch potatoes / exercise!

# Page15 & 16

Discuss decision making, and taking responsibilty for you actions

#### Page 17 & 18

TEACH...respect for others (old/young, black/white, whatever culture, whatever creed.)

### Page 19

Help the child to choose good role models. The small box should have a picture of Jesus...the example to follow.

# Page 20

Help your child to write a meaningful prayer of thanksgiving. Colour the frame...but remember, the prayer is the important bit.

#### Page 21

Discuss the whole book, and what it shows us of God, life and responsibility.

Through discussion and work with your child it is hoped he/she will appreciate:-

- 1. That they are part of God's great plan.
- 2. That they are unique and important.
- 3. That they are LOVED and cared for.
- 4. The correct understanding of the word "Sex".... a classification into either male or female, of ANY living species.
- 5. The complexity of the human body.
- 6. How lucky we are and how thankful we should be to God.

# Advice to parents

#### Infant Book 2 ~ God Made Me

# **General Advice**

- Please avoid the use of felt pens and wax crayons for colouring.
- 2. Stick type adhesives are better than messy glues.
- 3. Teachers will indicate which work is to be done at any given time; please do not go beyond the page(s) set.
- 4. Try to encourage the children to take care of the booklet and to take pride in their work.
- 5. Please return the book to school on time. When the book is completed it will be sent home for you to keep and, so that it might be referred to when necessary.
- 6. Please try to encourage correct colour schemes (e.g. no pink elephants) and help them to colour neatly.
- 7. A Work Pattern Summary can be found at the back of this booklet.

The most important piece of advice is to talk to your child about this work making the discussions as wide as you feel appropriate.

# Advice related to specific pages

# **Inner Cover**

- a. Try to choose a photograph of child alone.
- b. Encourage neat writing and correct spelling.
- c. For best results colour the frame before sticking in the photograph.

### Page 1

This page is VERY INPORTANT; it gives parent the opportunity to build the FEEL GOOD FACTOR into the child....that they are glad to be the person they are!!

#### Page 2

This page is very important. Discuss ...every family is different, special. An opportunity to CELEBRATE your family structure, how ever big, however small ... it is unique!!

#### Page 3

This should be **your** family. Pets may be included. The home is a good place of security and loving relationships .... discuss.

#### Page 4

Explore the options before choosing examples of love and care. Discuss the final line on the page (about God).

#### Page 5

A good opportunity to look back over work done in the first EPR booklet, just to remind them about MALE and FEMALE.

#### Page 6

Discuss the question and the possible answers...

- ~they could come from around the world
- ~they could come from your own town or commmunity

## Page 7

Discuss, colour and complete as you will.

# Page 8

Discuss (this is how we know from birth which sex a baby is) Colour one figure only.

# Page 9, 10, 11

Help child to know and understand where different parts of the body can be located.

You may wish to talk about what some of these parts do eg. Kidneys help purify the blood.

\* GREAT OPPORTUNITIES to discuss "disability" and the wonderful way many people overcome difficulties to lead a full and active life.